



# IOWA STATE UNIVERSITY

## Veterinary Diagnostic and Production Animal Medicine

### Ergot Poisoning in Cattle

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Along with many other problems that livestock producers have had to deal with this year as a result of the ever changing climate Ergotism can now be added to the list. Ergot is a fungus that grows on the seed head of cereal grains and grasses. Environmental conditions (cool wet spring followed by hot early summer temperatures) have been ideal for the ergot fungus to grow. Delayed harvesting of grass hay because of rain also means that late cut hay may also be at risk of ergotism. Historically rye was commonly affected by the ergot fungus but wheat, barley, oats, brome, fescue, blue, Timothy and other grasses can also be infected. All animals are susceptible to ergot but cattle are often most affected.

The fungus produces toxic compounds called ergot alkaloids. The type and quantity of toxic alkaloids varies depending on specific fungus that is infecting the plant, type of plant, and the environmental conditions. Therefore risk of poisoning and the specific clinical signs will vary depending on specific conditions where the cattle are.

To identify if your pastures or hay is affected inspect the seed heads for dark brown, purple to black bodies within the seed head. The fungus produces a mass called the sclerotia that completely replaces the ovary tissue of the plant and is often larger than a typical seed. These sclerotia will eventually fall to the ground and overwinter. Pastures that have been severely affected would need to be plowed deep enough that the sclerotia are greater than an inch deep to prevent germination.

Producers that rely on fescue grass may be at additional risk since the toxins produced by endophyte infected fescue are very similar to ergot toxins.



## Clinical Signs

The most common sequelae of ergot poisoning is associated with vasoconstriction of the small arteries. Vasoconstriction can prevent thermoregulation and result in “summer slump” during the hot summer. Cattle will commonly develop a rough hair coat, lose weight and have extended periods of time standing in water or shade if available. Gangrenous ergotism (synonymous with fescue foot) is also a result of vasoconstriction in the legs and tail. Gangrenous ergotism is often associated with cold temperatures but can be seen in the summer also. Initially cattle will be lame usually in the hind limbs first. Swelling at the coronary band develops and the animal will eventually slough its hoof wall if not removed from the ergot alkaloid in time. Necrosis of the tail and ears can also occur.



As with fescue toxicosis, agalactia (decreased or no milk production) can occur. Finally, nervous ergotism is sometimes reported. Nervous signs may be associated with vasoconstriction to the brain or other alkaloids that specifically cause hyperexcitability and tremors especially with forced movement.

## Diagnosis

Lame cattle should be differentiated from footrot, fescue toxicosis, frostbite, trauma or vesicular disease. Inspection of seed head should reveal sclerotia if ergotism is the problem. Samples of grass or hay can be analyzed for the concentration of the ergopeptides. A one pound randomly collected sample from the pasture or hay that includes seed heads is adequate for analysis.

## Treatment

Treatment of ergotism is primarily focused on removing the animal from the source of the ergot toxins. Animals can recover if they are removed early enough before severe clinical signs are present. However, once gangrene has begun there is little that can be done.

## Prevention

Grass in pasture or hay should be monitored regularly to determine if the ergot sclerotia is present. Many animals will go off feed or seek other grass that is not infected with the ergot fungus. However, cattle are known to selectively graze the seed head and are more at risk than other animals on pastures. Cattle should be removed from pastures that have ergot sclerotia present. Since the ergot fungus is only in the seed head grazing of infected pasture before the seed head develops is advised. Grass that has developed a seed head can be clipped before allowing cattle to graze. Hay produced from ergot infested grass may be toxic as well. Often the sclerotia will drop off of the grass as it is being handled but hay should be inspected to make sure that it does not contain sclerotia.