Johne’s Disease, caused by *Mycobacterium avium var paratuberculosis* (MAP), is a slowly-progressing but ultimately fatal disease of all cloven-hoofed animals. The bacteria are ingested early in life, absorbed through the intestinal wall, and hide in the animal’s white blood cells. Here they can thrive and multiply without being exposed to antibodies, then spread to other cells and cause chronic inflammation. This inflammation produces the intestinal thickening that leads to weight loss, severe diarrhea, and eventually death.

**Facts about MAP/Johne’s Infection**
- Ingestion of MAP shed in feces is the most common route of infection; also ingested via milk
- A MAP-infected cow with no symptoms can shed 200 million bacteria per day in feces
- Milking cows also shed millions of bacteria in colostrum and milk
- A one-time dose of one million bacteria is considered enough to infect a calf.
- Most animals that become infected will do so by 6 months of age

**Economic Realities**
- In a 1000-cow dairy with 10% prevalence, costs can be as high as $243,000/year!
- A MAP-infected cow can spread bacteria anywhere her manure goes: alley ways, run-off water, calf hutches and heifer pens
- A calf that ingests MAP will absorb some into the intestinal lining and shed the rest in it’s feces (“pass-through”); the calf can be dispersing MAP even before becoming infected
- MAP-infected cows have lower feed efficiency, lower milk production, higher risks for other diseases, are less likely to breed back, and bring a lower slaughter value (which decreases cash flow)
- Clinical cows may get “tanked” at slaughter and owner will have to pay for disposal
- MAP can survive for long periods in the environment:
  - 18 months in water troughs
  - 1-5 years on permanent pasture
  - 9 months in freezing temperatures
  - 9-12 months in lagoons and manure pits
- The estimated prevalence of MAP infection in dairy cows is 10-18% and 21% of herds have at least one Johne’s-positive animal
- Just because a herd has good genetics and a good reputation does not mean they don’t have MAP!
- All available tests are good at finding positive animals: A POSITIVE IS REALLY A POSITIVE; Negative may just mean not positive YET; FECAL CULTURE is the most reliable negative test at this time

The connection between Johne’s Disease in animals and Crohn’s disease in people has not been established; however, MAP can be cultured from people with Crohn’s, so a connection is still possible. Animal rights and anti-livestock groups use this potential to their advantage, and consumers **must** be able to feel that their food is safe. Control measures implemented now will go a long way toward reassuring the public that the Beef Industry is addressing this disease.

Ignoring the problem can have devastating consequences!
WHAT CAN YOU DO TO PROTECT YOUR HERD?

Measures that decrease risks for Johne’s will decrease risks for other diarrhea diseases (E. coli, Salmonella, Rota, Corona, Coccidia)

1. CREATE AND FOLLOW A GOOD VACCINE & DEWORMING PROGRAM WITH YOUR HERD VET—healthy cows are more likely to calve easily and produce quality milk; sick cows are easier to identify

2. PRACTICE AND BELIEVE IN BIOSECURITY—Don’t be the source of infection
   • Clean and disinfect boots, change coveralls/clothes before handling young stock
   • Soap and water (or hand cleaning gel) are your friends—hand washing goes a long way to decreasing disease spread
   • DON’T LEASE ANIMALS; but if you do, make sure it is from a herd with the same health program and TESTING that you have

3. KEEP GOOD RECORDS—if a cow is diagnosed with Johne’s, you should cull her calves from the herd; this isn’t possible if you can’t identify her offspring

4. MAKE FEASIBLE MANAGEMENT CHANGES—assess the risks to your herd and decide what changes work for you; this is the most effective way to control this disease
   • This can be done on your own or through the Voluntary Johne’s Control Program
   • Contact Dr. Randy Wheeler (program coordinator), IDALS 515-281-0866
   • The program provides a one-on-one consultation with the Iowa District Veterinarian to identify risks in a herd at no charge to the you
   • You may also elect to participate in diagnostic testing to establish if MAP is in the herd and look for possible shedding animals

5. WATCH COWS AND BULLS FOR CLINICAL DISEASE. Cows are most likely to shed MAP when their immune system is stressed; this occurs during late pregnancy and just after freshening; include clean-up bulls in all herd health programs
   • Look for cows that are in poor condition around freshening, especially if they stand out from other herdmates—if every animal is on the same vaccine, deworming, and nutrition program, that cow has no good reason to be thin
   • Cows are most likely to shed around freshening so this is the BEST TIME TO TEST
   • Clean the maternity pen OFTEN to minimize contaminated bedding and manure build up
   • Don’t pool colostrum (especially if cows are un-tested); consider colostrum pasteurization
   • Do not keep sick cows in the maternity pen or around young stock
   • Keep calf hutchs and pens away from potential contamination by cow manure and run-off (don’t put hutchs or calf pens downhill from cow pens)
   • Clean water troughs to minimize manure contamination
   • If manure is spread on pasture, consider waiting to graze until following season

6. DON’T BUY THE PROBLEM—Ask for Johne’s Herd Status and Test Results
   • Purchase clean-up bulls from known-status herds, ask for test results on the bull’s dam or adult cows from the herd
   • Buy replacement heifers from herds on a Johne’s Control Program—don’t buy the problem
   • Asking herd health questions of sellers doesn’t make you mistrusting, IT MAKES YOU A SMART BUYER